Walk 11  Sudeley, Kenelm and Monk’s Hole walk

A circular walk past Sudeley Castle, St Kenelm’s Well up to the Salt Way before returning via the Gloucestershire Way with airy views.

Distance: 4.75 miles/ 7.7 km  
Duration 2.75 hours  
Difficulty: Strenuous  
Start/finish: Back Lane car park, Winchcombe. (Grid ref: SP 025285) £1 all day. Toilets 20p in car park.  
OS maps: Outdoor Leisure 45, Landranger 163  
Refreshments: Winchcombe  
Ascent: 735 feet/224 metres

Leave Back Lane car park via the far corner access into Cowl Lane. Turn right and follow the road to the High Street.

Turn right and after approx 60 metres turn left into Vineyard Street. Cross the River Isbourne, head up the slope and where the road bends to the right, keep straight ahead to enter the grounds of Sudeley Castle, passing the castellated Almsbury Lodge on your left.

Follow the main driveway, crossing the lake by the bridge and continue gently uphill to meet a gate on your right A. Go through, keeping the play area/fort on your left, and head for a metal gate beside a field gate entering the next field.

Go through the gate and continue ahead keeping to the path to the left. Follow the path to the far left corner of the field and a ramp/gate. (The Home Parks). Go through the gate and turn left. B. In 20 metres pass through another gate and walk ahead with trees and a farm track to your left.

In 200 metres follow the field boundary to the right and after a further 200 metres turn left over a footbridge and through a gate to walk gently uphill towards a house.

At the top, in front of the house, C turn left onto a lane. Follow the lane to a T-junction and carefully cross the road and turn left. A short distance to meet a track leading to Sudeley Hill Farm. Here, opposite the Farm Shop sign, turn sharp right through a gate and walk up the field to a gate. Go through and continue ahead and meet a track; bear left on to the track, go through a gate and pass the stone building housing St Kenelm’s Well on your right.

Continue ahead and go through a gate beside a field gate, head uphill towards a gate on the horizon, to the right of woodland and a pig pen. When you reach the gate go through into the next field via a gate D. Enter the next field and continue along the track ahead. The countryside changes from pasture land to open arable fields and the gradient levels out.

Follow the track, keeping the drystone wall on your right until you reach a lane (Salt Way). Turn left following the Winchcombe Way sign and follow the lane downhill to Little Farmcote Farm. Bear left on the gated lane (if you are lucky you might have a view of the Stanway fountain ahead) and 25 metres after the gate on the left is a path by a field gate. Turn left through the gate and you will follow the Gloucestershire Way back to Winchcombe.

Cross the field to the gate, go through into the next field and cross the next field to another gate, with glorious views looking towards Toddington, the Malverns and Winchcombe railway station below.

Continue ahead and go through a field gate, E before turning left up a short steep slope to a stile. Cross the stile and continue a short way to a gate on the edge of the wood. Follow the path through the trees before you start to descend down to another gate.

Go through the gate to leave the scrubby area and follow the right hand field boundary to the far side of this long field, looking for a gate on your right. Go through the gate and turn left, following the path down to some trees, with fine views of the Malvern Hills from here. Continue down through the trees, taking great care, as the path can be slippery in places.

At the bottom of the slope bear left and join a track which leads to a field gate, near a radio mast. Before you reach the gate, as the track turns left, F fork right down to a gate in some trees. Go through the gate and follow the path to another

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gate, and across a paddock to meet a gate by a lane.

Turn right onto the lane and then immediate left through a gate into a field, crossing it to the far side to a large sign ‘PATH’. Go through the gate and turn right towards another large sign ‘PATH’. Head to the left of the farm buildings to leave the field via a gate slightly hidden from view.

Go through and turn right to follow the fence on your right, before striking out across the field in the same direction to a gate on the far side.

Go through the gate and take care as you emerge onto the lane, (Rusheley Lane). Turn left along the lane to shortly meet a gate on your right, signposted Gloucestershire Way. Go through the gate and cross the field (ridge and furrow) diagonally to the left towards some houses in the distance. Head for a gate on the surfaced path by some buildings. Go through the gate, along the path between properties to emerge in Castle Street.

Turn right here and follow the road up to the top, where it meets the High Street. To return to the car park turn left and shortly cross the road to enter Cowl Lane leading to the car park.

**Sudeley Castle**
The castle has a well documented history and is a 15th century rebuild on the site of a 12th century castle.

**St Kenelm’s Well**
This conduit house has a two foot deep well fed by a spring associated with most of the country’s most interesting saint.

In the 11th century the story of the saint is told. It relates that King Kenulf, King of Mercia and founder of Winchcombe Abbey (in 789 A.D) had an heir Kenelm. His half sister Quenride was jealous of her brother and being ambitious murdered him and had his body hidden in Clent, North Worcestershire. The Clent monks removed this body and carried it to Winchcombe. Where the funeral cortège rested miraculous springs arose. Of these springs, only the two remain, that at Clent and here, the last resting place. The monks of Winchcombe claimed the body and established a pilgrimage place, the spring being part of this pilgrimage.

**Salt Way**
These ancient routes radiated from Droitwich in varying directions and the salt ways predated Roman roads and drovers routes.

A route for the distribution of salt is believed to have been from Worcester via Toddington, Hailes and Winchcombe on through Lechlade and on to the coast in Hampshire. Winchcombe was very much a crossroads for trading routes.

The Latin word salarium linked salt and Roman soldiers. The salarium paid to Roman soldiers has defined a form of work-for-hire ever since in the Western world, and gave rise to such expressions as “being worth one’s salt”.

**Monks Hole**
One winter with snow falling, a monk from Winchcombe was visiting his brethren at Hailes. On his return journey as darkness fell he reached the summit of the hill. Snow had driven into the hollows and hidden all trace of a path, the monk fell into one of the snow drifts, never to rise again. He was not found until the snow had melted.

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